



- Milk (UHT or Powdered)
- Fruit Juice (UHT carton)
- Breakfast Cereal
- Baked Beans
- Tinned Soup
- Tinned Tomatoes
- Tinned Vegetables
- Tinned Meat or Fish
- Tinned Fruit
- Tinned Rice or Sponge pudding
- Pasta Sauces (packets)
- Pasta or Rice (dried 1Kg packs)
- Instant Mashed Potato
- Tea Bags
- Sugar (500g)
- Biscuits or Snack Bars

Remember, you could take advantage of “Buy One Get One Free” promotions at the supermarket and donate the ‘free’ item to Foodbank.

You may decide to donate just one of these items or a few, but be assured that any contribution from this list, however small, will be gratefully received and will be used to help people who are experiencing real financial crisis.

FOODBANK COLLECTION POINT

At the moment South Liverpool Foodbank has one collection point at:

Bridge Chapel Centre
Heath Road
LIVERPOOL
L19 4XR

Food can be donated here on weekdays between 9:00am and 4:30pm

THANK YOU for supporting South Liverpool Foodbank!